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00:00:00,066 --> 00:00:03,969

Hi. Hello and welcome to Skipping the
Small Talk with Empower Autism, a podcast

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00:00:03,969 --> 00:00:08,806

where we discuss everyday experiences,
Autism-affirming advice and more.

3

00:00:10,307 --> 00:00:11,141

I'm the host.

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00:00:11,141 --> 00:00:14,610

My name's Riley,
and I'm here today with Tamara.

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00:00:15,010 --> 00:00:16,878

Hey. How's it going?

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00:00:16,878 --> 00:00:19,914

This is a new series that we're doing,

so I thought we'd just test

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00:00:19,914 --> 00:00:23,049

it out a little bit today

and just chat that about why

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00:00:23,049 --> 00:00:26,052

we're doing this

and what exactly we're doing.

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00:00:26,819 --> 00:00:29,254

Yeah. Fantastic.

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00:00:29,254 --> 00:00:30,822

So yeah.

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00:00:30,822 --> 00:00:33,991

Why is Empower Autism starting a podcast?

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00:00:34,224 --> 00:00:35,859

Yeah. It's such a good question.

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00:00:35,859 --> 00:00:40,462

Riley, we've had

we use a lot of social media platforms

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00:00:40,462 --> 00:00:44,265

as it is to communicate with our community

and our groups that work with us.

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00:00:44,865 --> 00:00:50,603

But, again, podcasts are another avenue

that we probably haven't looked into yet.

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00:00:50,603 --> 00:00:53,605

And I know personally

I love a good podcast.

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00:00:53,872 --> 00:00:57,674

I tend to drive a lot of work,

so I listen to them quite a bit.

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00:00:58,342 --> 00:01:01,010

So for us here,

it was another channel at Empower Autism

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00:01:01,010 --> 00:01:04,079

to be able to communicate

with our community.

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00:01:04,079 --> 00:01:07,748

But really on, matters

that are important to them.

21

00:01:07,782 --> 00:01:12,885

So there's a lot of, of our

Autistic community who have a lot of,

22

00:01:13,553 --> 00:01:16,555

discussion topics that they'd like

to talk about that we've heard about.

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00:01:16,655 --> 00:01:19,524

And we thought this might be
a good opportunity to talk about

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00:01:19,524 --> 00:01:21,525

not only what
we're doing and experiencing,

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00:01:21,525 --> 00:01:25,194

but some of our community has
some great ideas and experiences as well.

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00:01:25,194 --> 00:01:27,129

So we thought this might be
a good opportunity.

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00:01:27,129 --> 00:01:27,996

Yeah. Yeah.

28

00:01:27,996 --> 00:01:29,531

We've talked about
a lot of different people who

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00:01:29,531 --> 00:01:33,334

we might like to chat to in the future,
and this kind of endless opportunities.

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00:01:33,367 --> 00:01:34,534

Yeah.

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00:01:34,534 --> 00:01:36,669

I've been keeping a list of,
you know, topics

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00:01:36,669 --> 00:01:39,104

that we might want to talk about,
and it just keeps growing and growing.

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00:01:39,104 --> 00:01:42,574

Yeah, I think the podcast
is a really good format

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00:01:42,640 --> 00:01:45,976

because it's long form as opposed
to, you know, regular social media.

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00:01:45,976 --> 00:01:50,079

It's quite fast and you can't really talk
about things in very much depth.

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00:01:51,280 --> 00:01:53,948

So yeah, I'm
hoping it's a good space for us to, like,

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00:01:53,948 --> 00:01:57,985

have more meaningful conversations
and, you know, relate to one another.

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00:01:58,018 --> 00:02:00,787

Just tell stories.

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00:02:00,787 --> 00:02:04,790

And yeah, I think it's also a good space
where maybe people can feel

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00:02:04,790 --> 00:02:07,391

a bit more comfortable
because we have a lot of people who, like,

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00:02:07,391 --> 00:02:10,394

don't necessarily want to be on camera,
which is very understandable.

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00:02:10,394 --> 00:02:12,295

Yeah, I get that sometimes.

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00:02:12,295 --> 00:02:13,062

Yeah, yeah.

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00:02:13,062 --> 00:02:16,031

It's been hard
when like you have a short amount of time

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00:02:16,031 --> 00:02:19,433

on social media, you know, you have to say
all these things in like 30 seconds.

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00:02:19,467 --> 00:02:19,834

Yeah.

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00:02:19,834 --> 00:02:22,502

And present yourself
with, like, a script and everything.

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00:02:22,502 --> 00:02:25,471

Yeah. So, yeah,
I mean, it's just to be more relaxed.

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00:02:25,471 --> 00:02:25,838

Yeah.

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00:02:25,838 --> 00:02:28,874

And I think this is a nice environment
where, as you say, talking about

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00:02:28,874 --> 00:02:31,876

those,
being able to have deeper conversations

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00:02:31,909 --> 00:02:35,345

and really in a way that suits people
either watching or listening,

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00:02:35,345 --> 00:02:37,380

it doesn't have to be from the scrolling.

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00:02:37,380 --> 00:02:38,514

Yeah. Yeah.

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00:02:38,514 --> 00:02:38,781

Yeah.

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00:02:38,781 --> 00:02:42,150

I think we're- Casey talked about this
a little bit recently.

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00:02:42,150 --> 00:02:45,486

He's really, very keen on it
because he's hoping

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00:02:45,486 --> 00:02:48,988

to get people out of the doomscrolling
and into rabbit holes.

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00:02:49,021 --> 00:02:49,322

Yeah.

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00:02:49,322 --> 00:02:52,357

Which I thought was an interesting way
to put it.

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00:02:52,391 --> 00:02:53,491

Yeah.

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00:02:53,491 --> 00:02:55,326

Cause

I don't know, I've never thought about,

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00:02:55,326 --> 00:02:58,328

like, rabbit holes as the goal,

but I guess that's kind of true.

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00:02:58,428 --> 00:03:00,129

Yeah, I think that it's interesting.

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00:03:00,129 --> 00:03:03,398

I think we all experience

social media differently.

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00:03:03,398 --> 00:03:04,199

But also,

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00:03:04,199 --> 00:03:08,169

I think we all experienced how we like
to digest information differently.

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00:03:08,169 --> 00:03:09,303

And I think this is a really good

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00:03:09,303 --> 00:03:13,306

opportunity having a podcast,
particularly to get some of our own staff,

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00:03:13,306 --> 00:03:16,808

to get some of our community,
to get some experts in, to talk about

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00:03:17,142 --> 00:03:20,377

different things that are important
and explore maybe some of the more

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00:03:20,377 --> 00:03:25,781

uncomfortable topics as well, which part
provide help to people in the future.

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00:03:25,815 --> 00:03:26,482

Yeah.

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00:03:26,482 --> 00:03:29,684

Were there any topics
that you were excited to hear about?

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00:03:30,418 --> 00:03:34,654

Look- when you were talking to me
about the long list.

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00:03:34,654 --> 00:03:35,989

Look, there's so many topics.

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00:03:35,989 --> 00:03:39,758

I'm learning myself,
even though I work here, and, you know,

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00:03:39,758 --> 00:03:41,626

I'm surrounded by fantastic humans.

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00:03:41,626 --> 00:03:42,894

I'm always learning every day.

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00:03:42,894 --> 00:03:49,098

And I think some of the topics, for me,
that I'd love to hear more about and hear

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00:03:49,098 --> 00:03:53,435

from different people's perspectives,
is particularly around their experiences,

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00:03:53,435 --> 00:03:56,003

like what are the barriers
for them in community,

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00:03:56,003 --> 00:03:59,139

what does that look like and how are some-
there's some really creative ways

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00:03:59,139 --> 00:03:59,906

that people are going

85

00:03:59,906 --> 00:04:03,075

about navigating some of the life
barriers that they might have.

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00:04:03,075 --> 00:04:04,910

And I think I'm really interested
to hear more

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00:04:04,910 --> 00:04:07,078

from the community around
what that looks like.

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00:04:07,078 --> 00:04:09,113

So, yeah, and to hear from

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00:04:09,113 --> 00:04:12,081

some of the people that are working

with us as well around, you know, why

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00:04:12,081 --> 00:04:15,651

they work here and, what difference
it might be making to the community.

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00:04:15,651 --> 00:04:16,218

Yeah.

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00:04:16,218 --> 00:04:17,485

I think it's really interesting too

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00:04:17,485 --> 00:04:21,021

when people talk about like, experiences
that you might relate to and you're like,

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00:04:21,321 --> 00:04:25,091

oh yeah, other people have been through
this- this is how they went about it,

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00:04:25,091 --> 00:04:28,260

and maybe I can relate to that
or feel some comfort in that,

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00:04:28,260 --> 00:04:31,696

or I can learn something from it
which is sometimes even better.

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00:04:32,229 --> 00:04:36,566

Well, I originally had this idea
to talk about our Life Skills program

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00:04:36,933 --> 00:04:40,235

because we cover a lot of topics in there,
and I think

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00:04:40,835 --> 00:04:45,405

just the names of the topics I learned
sound pretty, like vague and a bit boring.

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00:04:45,405 --> 00:04:48,441

But they're like, built on real people's

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00:04:48,441 --> 00:04:51,943

experiences, and they are genuinely,
really helpful modules.

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00:04:51,977 --> 00:04:55,846

Like I- sometimes I'll read even
just the PowerPoints for them be like,

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00:04:55,846 --> 00:04:57,914

wow, I didn't know that
that was actually really cool.

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00:04:57,914 --> 00:05:00,917

And like,
actually I do have a use case for this.

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00:05:01,050 --> 00:05:03,952

So I think it's just a good opportunity
to like, talk about,

106

00:05:05,086 --> 00:05:07,121

“why are we doing these modules” and,

107

00:05:07,121 --> 00:05:11,224

“what are the people's experiences
that like, led to that?” Yeah.

108

00:05:11,224 --> 00:05:13,459

Particularly with our trainers.

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00:05:13,459 --> 00:05:15,060

Yeah, it would be great.

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00:05:15,060 --> 00:05:16,595

I'd love to hear from our trainers.

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00:05:16,595 --> 00:05:20,597

I have the privilege of sort of sitting
in the office and seeing them go past.

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00:05:20,597 --> 00:05:23,166

And when we do our programs,
and I'd be really interested

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00:05:23,166 --> 00:05:25,735

to hear their views
and also what they're hearing

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00:05:25,735 --> 00:05:27,703

from our community,
'cause that's something that,

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00:05:27,703 --> 00:05:29,037

you know, I'm really interested in.

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00:05:29,037 --> 00:05:33,974

And also, you said before around
learning yourself from the modules,

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00:05:34,508 --> 00:05:37,943

I think that's the beauty as well,
because- there's some tips and tricks

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00:05:37,943 --> 00:05:41,879

in, say, budgeting,
which I think if that might be

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00:05:41,879 --> 00:05:43,214

one of our first- Budgeting
is our first module that we're doing.

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00:05:43,214 --> 00:05:44,515

Is it? Okay.

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00:05:44,515 --> 00:05:46,716

Fantastic. February 3rd.

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00:05:46,716 --> 00:05:49,185

Oh, excellent. That's awesome. Very soon.

123

00:05:50,286 --> 00:05:53,288

Because for me, like, even budgeting
sometimes,

124

00:05:53,788 --> 00:05:57,224

around the emotions,
I, you know, not thinking about when we're

125

00:05:57,224 --> 00:06:00,426

purchasing items, you know, if we're bored
or if we're, you know,

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00:06:00,426 --> 00:06:04,162

sometimes- I definitely gravitate
to online shopping sometimes.

127

00:06:04,162 --> 00:06:07,431

So even some of the things
that we can learn that we might not

128

00:06:07,431 --> 00:06:10,667

always think about in our day to day
lives as well, is important.

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00:06:10,667 --> 00:06:13,569

But no I'm excited.

I mean, this is an opportunity.

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00:06:13,569 --> 00:06:16,571

We haven't gone down this path before, so

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00:06:16,738 --> 00:06:19,373

I'm excited to see where it will evolve.

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00:06:19,373 --> 00:06:21,108

How it will evolve.

133

00:06:21,108 --> 00:06:23,843

And also,

I think being out to hear from you,

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00:06:23,843 --> 00:06:26,578

from our community as well,

I think that's really important

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00:06:26,578 --> 00:06:31,315

because ultimately we want to be providing
content that's useful for our community.

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00:06:31,549 --> 00:06:35,351

Yeah, I think if anyone has any topics
they would like to hear us

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00:06:35,351 --> 00:06:39,054

talk about or if anyone would like
to come and talk to us, let us know.

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00:06:39,054 --> 00:06:41,589

We're always open to getting to know
new people.

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00:06:41,589 --> 00:06:44,358

Absolutely. Getting to know our community.

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00:06:44,358 --> 00:06:49,095

This podcast was partially inspired by me
seeing,

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00:06:49,228 --> 00:06:53,798

a podcast
by The Hidden Disability Sunflower.

142

00:06:54,032 --> 00:06:58,168

So they actually have, the Sunflower
Conversations, which is sort of a similar

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00:06:58,168 --> 00:07:02,771

set up where they just talk about
their experiences with hidden disability.

144

00:07:03,939 --> 00:07:07,575

And I think the one

I saw in particular was Autism related.

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00:07:07,575 --> 00:07:10,677

I just saw it when I was scrolling
and I stopped and I listened to it.

146

00:07:10,677 --> 00:07:13,646

I was like, wow,
I actually do relate to this.

147

00:07:13,646 --> 00:07:16,648

And usually I don't get that out of,
you know, just like-

148

00:07:16,848 --> 00:07:19,950

this was a clip on Instagram-
just like a little thing on Instagram.

149

00:07:20,451 --> 00:07:22,952

Usually I don't connect to that as well.

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00:07:22,952 --> 00:07:24,220

Yeah.

151

00:07:24,220 --> 00:07:27,155

And I think- I mean, I'm
a huge podcast fan.

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00:07:27,155 --> 00:07:28,723

I listen to podcasts.

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00:07:28,723 --> 00:07:31,258

I have an hour drive to and from work.

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00:07:31,258 --> 00:07:34,027

And I'm often on the road
for work as well.

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00:07:34,027 --> 00:07:38,964

So I love that time to educate myself,
to hear other stories.

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00:07:38,964 --> 00:07:42,567

And I think I've-

listened to that podcast as well.

157

00:07:42,567 --> 00:07:44,568

I listen to a lot of different podcasts.

158

00:07:44,568 --> 00:07:48,771

I think what excites me

about this podcast,

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00:07:48,771 --> 00:07:52,707

and other podcasts out there, do this

as well around that lived experience.

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00:07:52,707 --> 00:07:53,841

I think that's really important.

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00:07:53,841 --> 00:07:57,277

And real life stories
and that education piece as well.

162

00:07:57,277 --> 00:07:59,679

So I think that's something
I'm looking forward to.

163

00:07:59,679 --> 00:08:03,348

And there's
some great podcasts out there,

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00:08:03,348 --> 00:08:06,417

that talk about Autism,
talk about experiences.

165

00:08:06,417 --> 00:08:10,787

And I think, you know, hopefully we can
in this podcast build on that as well.

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00:08:10,820 --> 00:08:15,690

And, you know, the content-

hopefully what we hear from community too,

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00:08:15,690 --> 00:08:19,927

and the guests that we have on, we can,
you know, build out and learn together.

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00:08:19,927 --> 00:08:20,794

I think it's really nice

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00:08:20,794 --> 00:08:25,097

to have a conversational space where
we can have conversation that excites us.

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00:08:25,097 --> 00:08:28,800

Maybe it challenges us
sometimes to, and we'll learn something.

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00:08:28,800 --> 00:08:30,901

So I think I'm kind of excited
to see how it plays out.

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00:08:30,901 --> 00:08:36,172

Yeah, yeah, we've just done the first
round of filming, with one mystery guest.

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00:08:36,339 --> 00:08:37,406

Oh, exciting.

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00:08:37,406 --> 00:08:39,541

It's been really exciting, it's
a lot of fun.

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00:08:39,541 --> 00:08:42,410

We definitely- there were so many topics
that we didn't even get to, 'cause

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00:08:42,410 --> 00:08:45,712

there's so much to discuss that I didn't
even think about until we got into it.

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00:08:45,712 --> 00:08:48,548

Yeah, it's quite easy to fill
that time, isn't it?

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00:08:48,548 --> 00:08:49,882

Yeah. Yeah.

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00:08:49,882 --> 00:08:53,084

So in terms of, like,
how we're scheduling things

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00:08:53,084 --> 00:08:57,320

and how we're setting them out,
just give people an idea we're aiming for

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00:08:57,320 --> 00:09:01,090

like 15 to 20
minute videos to start with.

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00:09:02,091 --> 00:09:03,925

You know, sometimes we like to talk a lot.

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00:09:03,925 --> 00:09:06,227

Then definitely room to expand that.

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00:09:06,227 --> 00:09:09,796

I think a lot of podcasts

these days are like 30 minutes to an hour.

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00:09:09,830 --> 00:09:12,064

Yeah. So we'll see how we go.

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00:09:12,064 --> 00:09:18,336

In terms of scheduling, we're thinking-

I think I told you initially one per week.

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00:09:18,436 --> 00:09:21,238

Yeah, I think maybe we'll aim for one
every two weeks to begin with.

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00:09:21,238 --> 00:09:21,771

Yeah.

189

00:09:21,771 --> 00:09:25,874

I mean that's us being excited that we
might be able to do one a week, but yeah.

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00:09:25,908 --> 00:09:27,742

Yeah. Even if we can do every second week.

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00:09:27,742 --> 00:09:30,845

And I think
also the beauty of this podcast,

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00:09:30,845 --> 00:09:33,980

is it's flexible.

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00:09:33,980 --> 00:09:38,417

I think, you know, particularly
with all the different needs that we have,

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00:09:38,417 --> 00:09:41,419

and that community has
sometimes we've got to be flexible

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00:09:41,419 --> 00:09:43,387

in how we go about our podcasts.

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00:09:43,387 --> 00:09:45,088

So there might be times where we might

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00:09:45,088 --> 00:09:48,624

it might be three weeks,
and maybe then back to two weeks.

198

00:09:48,624 --> 00:09:50,025

So I love that it provides

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00:09:50,025 --> 00:09:53,561

a space where everyone feels safe
to turn up and communicate how they like.

200

00:09:53,728 --> 00:09:54,162

Yeah.

201

00:09:54,162 --> 00:09:54,795

And for now,

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00:09:54,795 --> 00:09:58,798

the first official episode we are hoping
will release sometime next week.

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00:09:58,798 --> 00:09:59,999

Later next week.

204

00:10:01,367 --> 00:10:02,267

About.

205

00:10:02,267 --> 00:10:05,503

Yeah, our emPOWER UP: Life Skills module,
the first one

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00:10:05,503 --> 00:10:08,505

for the year, Planning & Budgeting.

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00:10:08,739 --> 00:10:09,806

That's good.

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00:10:09,806 --> 00:10:11,774

That's-

excited about Planning & Budgeting.

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00:10:11,774 --> 00:10:16,077

Yeah with the new year coming in, we're
all a bit excited about organising things,

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00:10:16,144 --> 00:10:18,612

you know. Goal setting
and that sort of stuff. Yeah.

211

00:10:18,612 --> 00:10:23,116

So it's good to have a few modules
to start off the year sort of around,

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00:10:23,116 --> 00:10:26,385

you know, recovering from last year
and setting yourself up for success

213

00:10:26,385 --> 00:10:27,285

in the future.

214

00:10:27,285 --> 00:10:28,019

Yeah.

215

00:10:28,019 --> 00:10:29,821

And I think that's yeah, I'm excited.

216

00:10:29,821 --> 00:10:31,689

I'm looking forward to it. Yeah.

217

00:10:31,689 --> 00:10:34,924

And the other thing I want to ask you is
what do you think of the name?

218

00:10:35,625 --> 00:10:37,760

I really-

219

00:10:37,760 --> 00:10:41,195

it's funny because often, I've been
involved in lots of conversations

220

00:10:41,195 --> 00:10:44,531

around naming things before,
and sometimes it's really hard

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00:10:44,531 --> 00:10:48,034

to get a name and get it right, and a name
that, like, connects.

222

00:10:48,934 --> 00:10:52,570

When you told me, I think- I was quite
excited, when you came to my door.

223

00:10:52,704 --> 00:10:54,305

I really like it because,

224

00:10:56,206 --> 00:10:57,174

I guess in a lot

225

00:10:57,174 --> 00:11:00,276

of situations in daily life,

we are on the go.

226

00:11:00,276 --> 00:11:00,776

We're busy.

227

00:11:00,776 --> 00:11:02,044

And even when we want to listen or

228

00:11:02,044 --> 00:11:04,979

we want to watch a podcast,

I think a lot of our community,

229

00:11:04,979 --> 00:11:06,847

I know that

we want to get right to the point.

230

00:11:06,847 --> 00:11:09,716

Yeah, you know, we don't want to muck
around with sort of the small talk.

231

00:11:09,716 --> 00:11:11,784

We're like,
no, we've got lots of things to discuss.

232

00:11:11,784 --> 00:11:14,753

And they kind of meaty topics to discuss.

233

00:11:14,753 --> 00:11:18,322

So I think it really is appropriate for us
in Empower Autism,

234

00:11:18,322 --> 00:11:20,357

appropriate for our community.

235

00:11:20,357 --> 00:11:23,092

“Skipping the Small Talk”

because a lot of us

236

00:11:23,092 --> 00:11:24,360

don't like doing the small talk anyway.

237

00:11:24,360 --> 00:11:26,095

Yeah well that the other thing.

238

00:11:26,095 --> 00:11:28,496

I think it was partially inspired by,

239

00:11:28,496 --> 00:11:31,265

you know, Autistic

people don't typically love

240

00:11:31,265 --> 00:11:33,833

to do any of the small talk,

but also like,

241

00:11:33,833 --> 00:11:37,236

yeah, I think in practice,

like in our community,

242

00:11:37,670 --> 00:11:41,572

we also don't really engage in small talk,

like we've had a lot

243

00:11:41,572 --> 00:11:44,875

of conversations in the office,

just at lunch that are a lot deeper

244

00:11:46,309 --> 00:11:49,311

and maybe a bit more serious than I would

expect, but like, really engaging.

245

00:11:49,345 --> 00:11:51,012

Yeah.

246

00:11:51,012 --> 00:11:52,213

I've enjoyed them. Yeah.

247

00:11:52,213 --> 00:11:55,983

I think this is exciting to see
that come to life here in this podcast.

248

00:11:55,983 --> 00:12:00,252

So no, I'm very much- I love, I mean-
I guess we'd love your feedback as well.

249

00:12:00,252 --> 00:12:02,788

Like on the name
because this is for you for community.

250

00:12:02,788 --> 00:12:06,590

So yeah, absolutely, we're really happy
to- We're really trying to steer away

251

00:12:06,590 --> 00:12:11,794

from, naming things “Autism something”
or “Empower something” because we do have

252

00:12:11,794 --> 00:12:12,728

a bit of a habit of that
and I think it gets a bit confusing.

253

00:12:12,728 --> 00:12:15,030

Yeah, we do, don't we. Yeah.

254

00:12:15,030 --> 00:12:18,299

So hopefully this is- for some reason
my mind anytime something starts

255

00:12:18,299 --> 00:12:21,301

with like a vowel,
'cause it's not even like-

256

00:12:21,701 --> 00:12:24,703

not everything is starting with “A”,
for example, like “Autism”.

257

00:12:24,837 --> 00:12:27,706

But even just the fact that it's "E"
and "A", it gets confused in my brain.

258

00:12:27,706 --> 00:12:29,574

Yeah, yeah.

259

00:12:29,574 --> 00:12:32,109

And I think it's just no, I,
I really like it.

260

00:12:32,109 --> 00:12:34,277

I think it's exciting. Yeah.

261

00:12:34,277 --> 00:12:34,944

Yeah, I think.

262

00:12:34,944 --> 00:12:37,746

Did you have anything else to share

with us today?

263

00:12:37,746 --> 00:12:39,914

No, I think- this is for you.

264

00:12:39,914 --> 00:12:42,550

You know, the podcast

we're putting on for our community.

265

00:12:42,550 --> 00:12:44,184

And for the broader community.

266

00:12:44,184 --> 00:12:45,885

It's something we'd like to see evolve.

267

00:12:45,885 --> 00:12:50,656

It's another channel and area

that we can use to spark conversations,

268

00:12:50,656 --> 00:12:54,859

thought provoking, conversations
but also feedback, like, we would love

269

00:12:54,859 --> 00:12:58,995

to hear from our community as well around,
what they're thinking and feeling.

270

00:12:59,262 --> 00:13:03,598

And if you, have anyone that you'd love
to see, on the podcast as well.

271

00:13:03,598 --> 00:13:05,600

Yeah. Yeah, absolutely.

272

00:13:05,600 --> 00:13:07,001

Yeah. Thank you for joining me.

273

00:13:07,001 --> 00:13:10,103

And thank you for joining us
as we chat about this.

274

00:13:10,103 --> 00:13:13,105

Hopefully you stick around for next week.

275

00:13:13,105 --> 00:13:15,407

It will get a lot more exciting.

276

00:13:15,407 --> 00:13:18,409

It will. If you're on YouTube, subscribe.

277

00:13:18,742 --> 00:13:21,278

Absolutely.

Yeah. We'll see you there. Bye!

278

00:13:21,278 --> 00:13:21,745

See ya. Bye!