



# Empower Autism

## emPOWER UP: Independence in the Community

### WHO IS EMPOWER AUTISM?

Empower Autism is a not for profit that strives to continually enable positive social change with autistic people through programs based on: inclusiveness, self-development, and self-advocacy.

### WHAT IS emPOWER UP: INDEPENDENCE IN THE COMMUNITY

The emPOWER UP: Independence in the Community program aims to empower autistic adults through building their capacity for independence and a positive autistic identity.

Participating in this program will build participants confidence and understanding through the 4 modules below:

- Living arrangements
- Responsible Citizenship
- Positive relationships
- Wellbeing



### WHO IS THIS PROGRAM FOR?

The program is suited to young autistic adults who are ready to or considering living independently – school leavers and above.

### PROGRAM DETAILS

emPOWER UP: Independence in the Community is delivered in 4 x 3 hour modules at various time throughout the year. For ease of learning modules can also be delivered as 2 x 1.5 hour sessions over different days. This program is delivered in a blended format – both in person at Stafford and online.

See our website for more details.

### FEES

**\$175 per module**

Access to program sessions, tailored advice, and all accompanying resources are included in the cost.

### HOW TO APPLY

If you are interested in enrolling in the program, please email [hello@empowerautism.org.au](mailto:hello@empowerautism.org.au) or call (07) 3865 2911 or register at [www.empowerautism.org.au/](http://www.empowerautism.org.au/)

