

### emPOWER UP: Employment Readiness

# WHAT IS emPOWER UP: EMPLOYMENT?

emPOWER UP: Employment Readiness has been designed by autistic people for autistic people. The program focuses on key areas of employment, from career path planning that aligns with one's strengths and values, to self-advocacy, and self-care in the workplace.

### **HOW WILL YOU BENEFIT?**

emPOWER UP: Employment aims to empower autistic individuals by building their confidence in promoting a positive autistic identity while obtaining and maintaining employment. Participants will learn practical skills to foster increased comfort and professional competency in a working environment.

#### **FEES**

\$175 per module

Access to program sessions, tailored advice, and all accompanying resources are included in the cost.



# emPOWER UP Employment features three modules:

- Job Seeking, Applying and Interviewing
- ✓ Challenges, Strengths and Values
- ✓ Your Rights and Workplace Adjustments

## emPOWER UP Employmet is for Autistic individuals 17-30 who:

- Are seeking career direction that suits their strengths.
- Are currently in the workforce.
- Are preparing to enter the workforce.

### PROGRAM DETAILS

emPOWER UP: Employment Readiness is deliveredin 3 x 2 hour to 3 hour modules at various times throughout the year. This program is delivered in a blended format – both in person and online.



