

# Empower Autism Strategic Framework and Theory of Change

2024-2026

## STRATEGIC FRAMEWORK

### EMPOWERMENT



*of autistic people*

through

Design & delivery of programs & services that:-

- are autism affirming
- are designed by & for autistic people
- include peer support, self-advocacy & peer leadership as central themes
- invite people to engage without need to mask or camouflage.
- facilitate authentic community connection and belonging

### EDUCATION



*of mainstream community*

through

Design & delivery of education & resources that:-

- promote an understanding of autism
- encourage understanding and invite connection
- promote inclusiveness
- create safety for allistic people to understand & reduce socially created barriers

### CONNECTION



*to extend our reach and capacity*

through

- Partnering &/or collaboration with like minded organisations where synergies exist in order to increase reach, coverage, accessibility &/or impact of our services.
- Connecting with organisations that support autistic people in order to increase our understanding & accessibility.

### WELL BEING



*of our community*

through

- Embracing autism affirming and strength based practices in all that we do with our staff, volunteers, participants and their families.
- Modelling the social change we believe in through behaviours, adjustments and understanding guided by the autistic community

Our **Strategic Framework** sets the direction for us to build our effectiveness and impact over the next three years.

Our **Theory of Change** outlines how we will work towards positive social change with the autistic community.

### Our Values

**Respect;** acknowledge the worth of every individual

**Accountability;** transparent, ethical, responsible practices

**Independence;** promote choice, control and self-determination

**Partnership;** linking and working with others

**Fairness;** equitable and accessible services

**Innovation;** new and creative solutions

### Our Vision

To enable autistic people to live with confidence and self belief.

### Our Mission

To empower autistic people to reach their potential through programs and services that are based on inclusiveness, self-development and self-advocacy.



**Empower  
Autism**

Enabling positive social change  
with autistic people



As an inclusive organisation we also celebrate people of all backgrounds, genders, sexualities, cultures, bodies and abilities.