



# Empower Autism

## emPOWER UP: Employment Readiness



### WHAT IS emPOWER UP: EMPLOYMENT READINESS

emPOWER UP: Employment Readiness has been designed by autistic people for autistic people. The program focuses on key areas of employment, from career path planning that aligns with one's strengths and values, to self-advocacy, and self-care in the workplace.

### HOW WILL YOU BENEFIT?

emPOWER UP: Employment Readiness aims to empower autistic individuals by building their confidence in promoting a positive autistic identity while obtaining and maintaining employment. Participants will learn practical skills to foster increased comfort and professional competency in a working environment.

### PROGRAM FEES

#### No-out-of pocket expense

*This has been made possible via the Department of Social Services Information, Linkages and Capacity Building (ILC) Grant Round 2019.*

### emPOWER UP Employment Readiness features four modules:

- ✓ career planning
- ✓ starting a new job
- ✓ workplace adjustments
- ✓ job applications

### emPOWER UP Employment Readiness is for Autistic individuals 17- 30 who:

- Are seeking career direction that suits their strengths.
- Are currently in the workforce.
- Are preparing to enter the workforce.

### PROGRAM DETAILS

emPOWER UP: Employment Readiness is delivered in standard and fast-track formats throughout the year. The standard format features a few hours of learning weekly for one month. The fast-track format is completed over two days. This program is delivered in person in Brisbane and online. See our website for more details.

## HOW TO APPLY

If you are interested in enrolling in the program, please email [programs@empowerautism.org.au](mailto:programs@empowerautism.org.au) or call (07) 3865 2911 or register at [www.empowerautism.org.au/](http://www.empowerautism.org.au/)

