

emPOWER UP: Independence in the Community



WHO ARE WE

Empower Autism is a not for profit that strives to continually enable positive social change with and for autistic people through programs based on: inclusiveness, self-development, and self-advocacy.

WHAT IS emPOWER UP: Independence in the Community

The emPOWER UP: Independence in the Community program aims to empower autistic adults through building their capacity for independence and a positive autistic identity.

Participating in this program will build participants confidence and understanding through the 4 modules below:

- Living arrangements
- Responsible Citizenship
- Positive relationships
- Wellbeing

WHO IS THIS PROGRAM FOR?

The program is suited to young autistic adults who are ready to or considering living independently – school leavers and above.

2023 PROGRAM DETAILS

emPOWER UP: Independence in the Community is delivered in standard and fast-track formats throughout the year. Standard format features a few hours of learning each week for one month. Alternatively, the fast-track format is completed over several days.

See our website for more details

PROGRAM FEES

This program is currently FULLY FUNDED for all participants.

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